



Empowerment through livelihood

Karnataka State Rural Livelihood Promotion Society

(Department of Rural Development and Panchayat Raj)

Karnataka Comprehensive Nutrition Mission

Workshop Report

Introduction :

Under the aegis of the Karnataka Comprehensive Nutrition Mission program supported by the Japan Social Development fund/WB, a **two day inception workshop was organized on 4th and 5th March'2014** for inter-departmental officers of Zilla Parishads Raichur and Gulbarga Districts respectively at NIPCCD campus, Bangalore. There were also representation from the NGOs who are implementing the pilot projects currently being implemented at Shikaripura and Gubbi Taluks of Shimoga and Tumkur Districts respectively. In all, around 40 participants both from Government and NGOs participated in the training program.

Purpose of Training :

The main purpose of the workshop was to apprise the participants regarding the Karnataka Comprehensive Nutrition Mission strategy and interventions to implement a three year project at Devadurga Block in Raichur District and Chincholi Block in Gulbarga Districts respectively. The workshop aimed at explaining to the participants regarding the kind of support and convergence that is required among inter-sectoral Government line departments impacting nutrition, and the role of the partner NGOs and technical agencies to achieve the desired outcomes of the Karnataka Comprehensive Nutrition mission by end of the three year project period.

Day – 1 (04.03.14)

The two day workshop started with the **welcome of participants from Sri. D.V. Swamy, Mission Director of KSRLPS, Bangalore**. Thereafter **Sri. Vijay Bhaskar, Additional Chief Secretary – Rural Development and Panchayat Raj** gave an **inaugural address** informing about the Karnataka

Comprehensive Nutrition Mission plans and the role of Government line departments impacting nutrition, in both the Districts to get involved very intensively in all the stages of project implementation and ensure that the intended outcomes are achieved. ACS informed the participants that close coordination among different Government line departments like – Agriculture, Horticulture, Women and Child Development, Health, Education, Food, Water and sanitation is very critical right from the initiation of Nutrition Mission program and all through the project period. He said that NGOs will also be partners in the Nutrition Mission pilot's and also other technical agencies. Tracking systems will be institutionalized which would facilitate all the key stakeholders to monitor progress and ensure that necessary timely support and services are rendered. Before concluding the inaugural address, ACS reiterated the significance of synergy/convergence of respective Government line departments ongoing schemes to make the Karnataka Comprehensive Nutrition Mission program a success.



Advisor, Karnataka Comprehensive Nutrition Mission, Smt. Veena S Rao made a detailed presentation on the existing malnutrition situation in Karnataka as compared with other southern states, the determinants of malnutrition, such as, IMR, CMR, MMR, body mass index, low birth weight, the causes of malnutrition and the Mission Strategy to address the same. She also explained the inter-generational components targeting children's between 0- 3 years with special priority to 0- 2 years, Adolescent girls between 11-18 years of age, Pregnant and lactating mothers focusing mainly on the following specific objectives :

- To reduce underweight and under nutrition among children
- Reduce low body mass index among adolescent girls
- Eliminate wasting of children and malnutrition among children (grade 3 and 4)
- Decrease the incidence of low birth babies
- Reduce infant mortality, child mortality, maternal mortality and anaemia
- To decrease micronutrient deficiencies among children, adolescent girls and women

- To increase awareness to facilitate behavioural changes related to – proper child care, care of the girl child throughout her life cycle and proper dietary practices within existing family budgets

KNM Advisor explained that the Nutrition Mission will adopt innovative strategies like adopting the inter generational life cycle approach to address nutritional needs of infants, children adolescent girls, pregnant and lactating mothers. One of the key approaches would be on multi sectoral coordination among various line departments, particularly water, sanitation and horticulture. Before concluding the presentation KNM Advisor said that this project perhaps is the first of its kind in the country, and Karnataka is the first state in India to initiate this program. The learning's and outcome of these pilots will certainly benefit the Health and Nutrition sector to a large extent and provide suitable solutions to address Malnutrition, IMR, CMR, MMR and other related aspects effectively.

Regional Director, NIPCCD, Dr. Tara informed the participants on NIPCCD and the nature of activities undertaken by this institution. Having worked in the Nutrition and Health sector for three decades, Dr. Tara said that Karnataka Comprehensive Nutrition Mission program is a major breakthrough for Karnataka state which would provide ample opportunities to implement and learn on how to address the Nutrition and health related issues more efficiently that may ultimately lead to improved awareness and Health of the vulnerable target groups.

Since most of the participants were from different Government line departments, the programme started with exposure on participatory community level processes. **Mr. Anil, Assistant Director, NIPCCD dealt a separate session on Participatory Rural appraisal** during which he gave very useful information on how to involve community in gathering critical information about a village specifically related to : village history, resources available, financial capital, human capital, social capital and Livelihoods.

At the Post lunch session, **Ms. Jyotsna, CEO of Raichur District** facilitated a session on the Nutrition and how this plays a major role in improving the overall health conditions among children's, adolescent girls, Pregnant and lactating mothers.

CEO, Zilla Parishad, Gulbarga District Mr. Kumar shared the information related to Gulbarga District profile and the current situation at Chincholi Block. He informed about the measures taken by the Gulbarga Zilla Parishad on Water and sanitation issues including delivery of Health services despite of vacant positions in both ICDS and Health departments. Mr. Kumar apprised that

institutional delivery at Chincholi Block is above 90 % and this has been achieved through creating awareness among the community on significance of institution deliveries. He said inter departmental coordination is very crucial in improving the current situation and Gulbarga ZP will put concerted efforts to ensure improved convergence for better services delivery to the community.

KSRLPS Mission Director, Sri. Swamy made a detailed presentation on NRLM (National Rural Livelihood Mission) goals, objectives, activities and informed the participants on the plans to include Devadurga and Chincholi blocks of Raichur and Gulbarga Districts respectively under Intensive project areas of the Livelihood mission, so that there will be a special focus on plethora of activities related to Institution building/strengthening, capacity building, livelihood promotion, facilitate bank linkage, provision of community investment fund in addition to regular programs on Nutrition and Health aspects planned under the Karnataka Nutrition Mission. Sri. Swamy stressed the need of greater convergence among different Government line departments to enable good progress and accomplishing the proposed project deliverables. Concluding the session, Sri. Swamy informed the participants that “ As a team we all can achieve more”.

Before closure of the first day session, necessary planning was done for the field visit planned at Gubbi block of Tumkur District.

Day – 2 (05.03.14)

Field visit to Gubbiblock :

Purpose :

The Karnataka Comprehensive Nutrition Mission had initiated a pilot during 2012 on the Nutrition mission activities at Shikaripura and Gubbi Blocks of Shimoga and Tumkur Districts respectively. Since good progress in the nutritional status has taken place in these two blocks, a field visit to one of the Nutrition mission project area (Gubbi block) was organized with an objective to enable the training participants to see for themselves and understand about the Karnataka Comprehensive Nutrition Mission and its components by interacting with NGO chief functionary and their staff, village Nutrition volunteer, community and visit to energy dense food production units.



The field visit started with introduction on the Nutrition Mission components by Mr. Umesh Kumar, Secretary of Mahatma Gandhi Rural Development and Youth Welfare Centre at their office in Gubbi town and also on MIS (management information systems) being adopted in this initiative.

Later the participants were taken to the energy dense foods production units (at Nittur) where they were given exposure to the different food processing activities that were carried out to get the end food product. Here the participants were apprised on the different food products produced using Ragi, Soya, Green gram, Wheat, Groundnut, Sugar, and Jaggery including the quantity given to each target beneficiaries i.e. children's – 85 grams and 110 grams for Adolescent girls, pregnant and lactating mothers.



A target village – Hesarahalli was visited where the training participants interacted with project beneficiaries like – lactating mothers, adolescent girls and mothers of children under one years of age.

The project team based at Gubbi Block gave complete information on various monitoring reports that were used to collect, update and use the data for taking corrective measures. Overall this field

visit gave the training participants hands on information on the key Karnataka Nutrition Mission activities and how it is contributing in reducing the malnutrition, IMR, CMR, MMR and other deficiencies.

Field visit feedback :

Overall the training participants felt very happy on the Karnataka Comprehensive Nutrition Mission program and informed that the energy dense foods produced for different category of beneficiaries is good and accepted well by the community. The monitoring formats developed to collate data on various Health indicators like : growth monitoring, immunization coverage, IMR, CMR, MMR, etc is very detailed which captures the key information required for the Nutrition mission.

Action plan :

Following are the information which CEOs of Raichur and Gulbarga Districts may have to be furnish to KSRLPS office within the specified timeline below:

| Sl. # | Particulars | Timeline |
|-------|--|------------|
| 1. | Submit gender disaggregated population data (men and women) including children's (male and female) and separately for Adolescent girls pertaining to Devadurga and Chincholi Blocks – Gram panchayat and village wise | 10.04.2014 |
| 2. | Furnish names of officials with names, email id and mobile numbers (both for Raichur and Gulbarga Districts and also of Devadurga and Chincholi blocks) (This need to be in the order of District, Taluka, Name of the official, Designation, email id, mobile number) | 5.04.2014 |
| 3. | List of vacant positions of Medical officers of PHCs in Devadurga and Chincholi blocks including that of ANMS | 5.04.2014 |
| 4. | List of vacant positions of CDPOs, ACDPOs, ICDS supervisors and Anganawadi workers of Devadurga and Chincholi blocks | 5.04.2014 |

Conclusion :

This two day training program organized for the officials of Zillaparishads and different Government line departments of Raichur and Gulbarga Districts helped them to understand the specific purpose of Karnataka Comprehensive Nutrition Mission program and laid the basic foundation for initiating the preliminary work being proposed at Devdurga and Chincholi Taluks. Sri.Swamy, Mission Director, KSRLPS said that all the participants from different departments of Gulbarga and Raichur Districts will play a major role in coming up with a detailed implementation plan for the proposed Nutrition Mission initiative, as such contribution from each Government line departments in all the stages of Nutrition mission initiative in these two blocks will be immense.

The two day training program concluded with vote of thanks.



Participants seated from Right to left :

1. Ms. Shylaja, NBA coordinator from Gulbarga
2. Smt. Chaitra, State Program Manager (Finance), KSRLPS, Bangalore
3. Ms. Jyotsna, I.A.S., CEO, ZillaParishad, Raichur District, Karnataka State
4. Sri. Kumar, K.A.S., CEO, ZillaParishad, Gulbarga District, Karnataka State
5. Sri. Vijay Bhasker, I.A.S., Additional Chief Secretary, RDPR, Government of Karnataka, Bangalore
6. Smt. Veena S Rao, I.A.S., (Retd), Advisor, Karnataka Comprehensive Nutrition Mission, Bangalore
7. Dr. M. S. Tara, Regional Director, NIPCCD, Bangalore
8. Sri. D.V. Swamy, I.A.S., Mission Director, KSRLPS, Bangalore
9. Smt. Shylaja Priyadarshini, K.A.S., Additional Mission Director, KSRLPS, Bangalore
10. Sri. M. Sudharshan, State Program Manager (Livelihoods), KSRLPS, Bangalore